9 March 2016

Dear Parents/ Carers,

The annual Our Lady of Mount Carmel Cross Country Carnival is to be held on Thursday April 7 2016. The course for the students from Year 2 (8 & 9 year olds) to Year 6 will be around the school perimeter, all other students will complete a course inside the school grounds. All students will participate in the Cross Country Carnival. This is a normal school day and lessons will continue after the students have completed the event.

Each age race will be timed and students completing the race in the fastest time that meets the qualifying time will go on to represent the school in the Diocesan Cross Country Event at Eastern Creek on

**Time:** All children are to arrive at school no later than 8.50am. Races will commence at approximately 9:10 am

**Cost:** Nil

**Spectators:** All parents are welcome to come and watch the students race.

**Parent Helpers:**
- Parent helpers required for check points along the course to ensure the safety of the students

**Student Requirements:**
- Students will need to wear their sports uniform and must have their school hat
- Students must also have a filled water bottle labeled with their name
- Students will need to have applied sunscreen
- Students will need to remain with their age group
- Students will race in the age that they will be turning in 2016

<table>
<thead>
<tr>
<th>Approximate starting time</th>
<th>Age in 2015</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:10</td>
<td>Year 1</td>
<td>500m</td>
</tr>
<tr>
<td>9:20</td>
<td>Kindergarten</td>
<td>500m</td>
</tr>
<tr>
<td>9:30</td>
<td>12/13 Year olds</td>
<td>3Km</td>
</tr>
<tr>
<td>9:50</td>
<td>11 Year olds</td>
<td>3Km</td>
</tr>
<tr>
<td>10:10</td>
<td>10 Year olds</td>
<td>2Km</td>
</tr>
<tr>
<td>10:30</td>
<td>8/9 Year Olds</td>
<td>2Km</td>
</tr>
</tbody>
</table>

Please complete the permission section and any other relevant sections on the permission page (attached) and return to school by Wednesday 16th March 2016.

Thank you,

Jodie Meares
Coordinator
2016 OLMC Cross Country Carnival

Please return this whole page to your child’s class teacher.

PERMISSION SLIP

☐ I give permission for my child _________________________________ in class______

to participate in the 2016 OLMC Cross Country Carnival.

Parent/Carer Name__________________________________________

Signed___________________________ Date______________________

Parent/Carer

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OFFICIAL CARNIVAL ASSISTANTS

It is a mandatory requirement that all adults working with children complete the Working
with Children online modules.

☐ I am able to assist as a carnival official throughout the day.
☐ I have/have not completed the Working with Children online Modules
☐ I will complete the Working with Children online modules

• Parent’s Name ________________________________
• Eldest Child’s Name ________________________________
• Child’s Class_________________

☐ I am unable to assist as a carnival official.

Signed__________________________________________

Parent/Carer