Dear Parents/Carers,

Welcome back to Term 3.

This week we celebrated Grandparents Day on the feast day of St Joachim and St Anne. By tradition Joachim and Anne are considered to be the names of the parents of Mary, the Mother of God. We have no historical evidence, however, of any elements of their lives, including their names. Any stories about Mary's father and mother come to us through legend and tradition. The legend tells that after years of childlessness, an angel appeared to tell Anne and Joachim that they would have a child. Anne promised to dedicate this child to God.

It was the parents of Mary who nurtured Mary, taught her, brought her up to be a worthy Mother of God. It was their teaching that led her to respond to God's request with faith.

It was their example of parenting that Mary must have followed as she brought up her own son, Jesus. It was their faith that laid the foundation of courage and strength that allowed her to stand by the cross as her son was crucified.

To young children, their grandparents are simply beautiful and they tell them so. Both generations are helped to see themselves as God sees us – loveable, good and made in his image. For most families, grandparents are the ‘Central Bank of Memories’. Grandchildren never tire of hearing stories about their own parents when they were children. Their stories and our memories of them need to be shared and celebrated - as we did today at Mass.

**A Child’s Prayer for Grandparents**

Dear God, please bless my grandparents.

Thank you for the life they gave my parents and for the life they give to me.

For the ways they helped me and made me strong, I give thanks.

For the ways they love me no matter what, I rejoice.

For the ways they have paved the road that leads me here, I am grateful.

Let them grow in wisdom and joy in life.

Let them find peace and rest from their work.

Let them be healed of every sickness and pain.

And let them see with their own eyes the glory of your Son, Jesus, in the love of their children and grandchildren.

Bless them always until they come to rest in you.

We ask this through Christ our Lord. Amen.

(Permission © 2005, Diana Macalintal)

In addition to celebrating our Grandparents, our school feast day always occurs during the winter holidays (16th July). Our Lady of Mount Carmel is the patron of our school and of the Carmelites, who are the order of priests of our parish. Mary lived her life with a deep faith and a contemplative spirit. She confronted many moments of despair as well as great moments of rejoicing. With Mary, St Joachim, St Anne and our own Grandparents as inspiration, may we live our lives with courage, faith and love.

All the very best for the week ahead.
PARISH SACRAMENTAL PROGRAM 2012

Thank you to all the parents who have enrolled their children in the first Holy Communion programme. Please remember that next Tuesday 24 July is the Parent Information Evening at 7:15 pm in the Parish Centre. This is an important evening for parents to come together and reflect on the process as well as to confirm dates, times, workshops and details.

PRAYERS AND SYMPATHY

Please keep Mr Steven Jones and his family in your prayers this week.
Mr Jones’s father passed away on Wednesday after taking ill during the school holidays.

Eternal rest grant unto him
O’ Lord
May perpetual light shine upon him
May he rest in peace
Amen

ICAS ENGLISH COMPETITION

The ICAS English Competition will take place in Week 3 on Tuesday 31 July 2012.

STAFF DEVELOPMENT DAY

The next Staff Development Day will take place on Monday 13 August 2012.

CHESS

Chess coaching will be available in Term 3 on Monday afternoons after school. New Chess students are very welcome in Term 3. Chess is an optional after school activity.

Cost: $48.00 (Full payment due by Friday 20 July 2012).
Time: Mondays 3.15pm-4.15pm (after school)

Chess will commence on Monday 23 July 2012 and conclude on Monday 17 September 2012 (8 weeks). There will be no chess on Monday 13 August 2012, Staff Development Day. A Chess note has been sent home this week.

RELATIONSHIPS AUSTRALIA
Parenting After Separation
Focus on Kids

To make a booking, or for more information about any of our workshops or groups, please contact our Westmead office by phone on: (02) 9806 3203

Dates: Wednesdays, 1st August to 5th September
Pre-group interview: Wednesday, 25th July
Duration: 6 Weeks
Time: 9.30am — 12.00pm
Location: Level 1, 149 Hawkesbury Road, Westmead
Cost: Fees based on a sliding scale according to income

This group helps parents to understand, focus on and respond to the needs of their children after a separation. It looks at always to support children and address their issues constructively even when there is ongoing conflict between the parents. Parents attend separately from their former partners.

CONGRATULATIONS

The following children have worked really hard towards receiving 75 Star Cards
Community Service Awards:
Joseph Raad 1C, Jemma Farah ES1, Ashlee Grech ES1, Damon Terracciano 1S, Kinnari Shah 1S, Marinelle Juan 2L, Georgia Elton 1C, Rachelle Juan 1C, Jessica D’Souza 2W, Anne Zebec ES1, Alannah Williams 1C

BIKE SAFETY RAPS FROM YEAR 6

Emily: If you wanna ride, ride a bike keep your helmet on
Beth: It will keep you safe and It’ll still be fun
Andera: Make sure your helmet’s buckled up or your won’t be safe
Loren: You won’t be safe, you won’t be safe
All: Yeah

Emily: So you listen to us now
Beth: Before you are found
Andera: Lying on the ground
Loren: Take our advice
All: We’re trying to be nice
By : Andera, Emily, Beth, Loren

The Helmet Rap
Everybody wants one
Everybody needs one
It protects your head 2x
If you crash your bike,
You’ll have brain damage
Brain damage 2x
Buckle your strap before
You get on your bike
Or you’ll regret
Having a crack on your helmet is dangerous
Dangerous 2x
The helmet rap 2x
By: Hanna, Hayley, Annaliesa, Agnes
OLMC NETBALL CLUB 2012 SEASON

Playing times for Round 13 on Saturday 21st July are as follows -

<table>
<thead>
<tr>
<th>Team</th>
<th>Court</th>
<th>Time</th>
<th>Versus</th>
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</thead>
<tbody>
<tr>
<td>11’s (OLMC1)</td>
<td>7</td>
<td>11.30am</td>
<td>St Johns</td>
</tr>
<tr>
<td>9’s (OLMC2)</td>
<td>6</td>
<td>10.30am</td>
<td>Hotshots</td>
</tr>
<tr>
<td>8’s (OLMC3)</td>
<td>-</td>
<td>-</td>
<td>Bye</td>
</tr>
<tr>
<td>Net Set Go</td>
<td>4</td>
<td>11.30am</td>
<td></td>
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<tr>
<th>Runner-up Christian Zebec</th>
<th>Erin Bortoluzzi</th>
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<td>SNR Champion Zac Finch</td>
<td>Thea Djukic</td>
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<tr>
<td>Runner-up Zachary Kalifa</td>
<td>Jacinta Saab</td>
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<tr>
<td>11 Yrs Champion Majak Majak</td>
<td>Jayda Terracciano</td>
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<tr>
<td>Runner-up Daniel Incognito</td>
<td>Eva Radisavljevic</td>
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<td>Runner-up Lachlan Nolan</td>
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Please be at the courts 30mins before your timeslot to warm-up with your team. The web address is www.panansw.netball.asn.au For enquiries please phone Margaret Nolan on 0405 509 253.

ATHLETICS CARNIVAL

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<thead>
<tr>
<th>Age Group</th>
<th>Champion</th>
<th>Runner-up</th>
<th>Runner-up</th>
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<tbody>
<tr>
<td>8 Yrs</td>
<td>Luke Alderton</td>
<td>Bradley Farah</td>
<td>Achol Kual</td>
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<tr>
<td></td>
<td>Marinelle Juan</td>
<td>Rachel Ben</td>
<td></td>
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<tr>
<td>9 Yrs</td>
<td>Jesse Agwunche</td>
<td>Raissa Ibarra</td>
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<tr>
<td></td>
<td>Jesse Finch</td>
<td>George Ateyeh</td>
<td>Jacinta Saab</td>
</tr>
<tr>
<td>10 Yrs</td>
<td>Michael Hadchiti</td>
<td>Zachary Kalifa</td>
<td>Raylene Raad</td>
</tr>
<tr>
<td>11 Yrs</td>
<td>Majak Majak</td>
<td>Jayda Terracciano</td>
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Earn and Learn Program

The Earn and Learn program is still in full swing and has been extended until 12th August. We have reached our target of 50,000 stickers! Let's aim for 75,000 now!! Please don't forget to ask for the stickers at the Woolworths checkout. If you go to the self-serve register just present your docket to the person helping there. For every $10 spent you get one sticker to stick on your own reward sheet. Each sheet holds 30 stickers.

Just mark Our Lady of Mount Carmel, Wentworthville as your school at the bottom of your sheet and send it to class with your child to be placed in the box in the office. Extra sheets are available at the Woolies checkout or at the school office. You can also print them from the Woolworths school office. You can also order or book online via www.entertainmentbook.com.au.

FIDDLER ON THE ROOF

Artes Christi presents FIDDLER ON THE ROOF!

One of the all-time classic musicals returns to Sydney this August in this spectacular new production of Fiddler on the Roof featuring a cast & orchestra of 150+ people.

“Spectacular, humorous yet deeply moving—an inspiring show for all the family!”

PERFORMANCES: Fri 3 Aug (8pm), Sat 4 Aug (1pm & 5pm), Fri 10 Aug (7.30pm), Sat 11 Aug (1pm & 7.30pm)

GROUP TICKETS from $30 Ph 9351 7940

To order please bring your money to the school office in an envelope marked Entertainment Book Order and the type of book you would like – either a Sydney or a North Sydney book. All books are $65 and a percentage of each sale goes back to our school.

P&F NEWS

Parents Representative Council (PRC) General Meeting
- Raising kids that cope

The next PRC General Meeting will be held on Monday 20 August with a special presentation - Raising Kids that Cope: Building an optimistic mindset in children. Research has found that an optimistic thinking style is associated with higher levels of well-being. The presentation will examine the key aspects of optimistic thinking and look at practical ways to help foster optimism in children based on the Resilience Doughnut Model (www.theresiliencedoughnut.com.au).

Meeting date: Monday 20 August
Time: 6.30pm for a 7pm start
Venue: Aengus Kavanagh Centre (AKC)
Railway Street, Mt Druitt (behind the hospital)

Call for a new PRC representative for OLMC

Our Parent Representative at the PRC meetings, Juliette Subramaniam, graduates from Our Lady of Mount Carmel this year as her youngest child moves to high school. Juliette is keen to help someone else ease into the role of Parent Representative during the two terms left in his year. There is a PRC meeting that you would need to attend each term and you need to report back to our Parents and Friends meeting once a term on what you learnt at that meeting.

You can take someone else with you if you don’t want to go to the meetings alone. Please contact the school office if you would like to become involved in this way in our parent community.

Entertainment Book

The 2012/2013 Entertainment Book are still available for purchase through the school office. For $65 you will receive over $15,000 worth of offers from a fantastic variety of restaurants, arts, attractions and much more such as bowling alleys and movie theatres.

To order please bring your money to the school office in an envelope marked Entertainment Book Order and the type of book you would like – either a Sydney or a North Sydney book. All books are $65 and a percentage of each sale goes back to our school.

BOOKCLUB

Bookclub order forms were sent home this week and are due back to school no later than next Friday 27 July 2012. Parents need to fill out the order forms with their child's name and class at the top. It is preferable for payment to be made with credit card or cheque. Cash is acceptable, but please enclose the correct amount.

From Wednesday the 18th - 24th July, you will get double the amount of stickers by just spending $10 or more and including at least one Kellogg's, Dairy Farmers, Be Natural, Pura or Berri product in your basket.
On Wednesday 6th June, Stage One joined the Amazing Race! We travelled into and all around the city on public transport. We caught the train, tram, monorail, ferry and bus. We even went in the big elevator to the top of Sydney Tower. It was awesome!

It took us 55 seconds to ride the elevator to the top!

Stage One Transport Excursion

Riding at the front of the ferry is so much fun! It was so windy!

I put my ticket in and the gates opened!