

OLMC SCHOOL CANTEEN MENU 2022

Toasted Sandwiches

Toasted Cheese Sandwich	\$2.50
Toasted Cheese & Ham Sandwich	\$3.00
Toasted Cheese, Ham & Tomato Sandwich	\$3.50

SANDWICHES (MULTI GRAIN OR WHITE BREAD)

Butter or Jam	\$2.00
Vegemite	\$2.00
Cheese & Butter	\$2.50
Egg	\$3.50
Chicken (Low Fat Mayonnaise)	\$4.00
Tuna (Low Fat Mayonnaise)	\$4.00
Salad (Cheese, tomato, carrot, cucumber & lettuce)	\$4.00
Chicken (Salad & Low Fat Mayonnaise)	\$4.50
Tuna (Salad & Low Fat Mayonnaise)	\$4.50

WRAPS

Salad (Cheese, tomato, carrot, cucumber & lettuce)	\$4.50
Chicken (Salad & Low Fat Mayonnaise)	\$4.50
Tuna (Salad & Low Fat Mayonnaise)	\$4.50

SUSHI (NOT AVAILABLE ON FRIDAYS)

Tuna and avocado sushi	\$4.30
Chicken and avocado sushi	\$4.30
Tuna and cucumber sushi	\$4.30
Chicken and cucumber sushi	\$4.30

PIZZAS

Margerita	\$4.00
Bbq Meat Lovers	\$4.00

BURGERS

Hamburger	\$4.50
(Low fat beef pattie, tomato, lettuce, tomato sauce)(G,H)	
Veggie Burger	\$4.50
(Vegetable pattie, lettuce and low fat mayonnaise)(A,H)	
Flame Grilled Chicken	\$4.50
(Chicken breast, lettuce and low fat mayo)	

FRUIT

Seasonal Fruit	\$1.00
Fruit Salad	\$4.00

DRINKS

Juice Popper orange	\$2.00
Juice popper apple	\$2.00
Grape flavored fruit bomb	\$3.00
Raspberry flavored fruit bomb	\$3.00
Bottled Water	\$2.00
Chill j apple cola	\$2.50
Chill j orange passio	\$2.50
Chill j blackcurrent	\$2.50
Milk Popper chocolate	\$2.50
Milk popper strawberry	\$2.50
Oak Lite Milk carton strawberry	\$2.50
Oak Lite Milk carton chocolate	\$2.50
Up and Go vanilla	\$2.50
Up and Go chocolate	\$2.50

HOT FOODS

Meat pie	\$4.00
Sausage roll	\$3.50
Twista Bolognaise	\$4.50
Fried Rice	\$4.00
Mac and cheese	\$4.50
Lasagne	\$4.50
Nacho Dippers	\$4.50
Hot Dogs	\$4.00
5 nuggets	\$4.00
5 Fish Fingers	\$3.00
Cheese bun	\$2.50
Cheese and ham bun	\$2.50
Garlic Bread homemade	\$2.50
Corn Cobbette	\$1.00
2 Minute Noodles	\$2.50
Tomato Sauce	\$0.30
Meat Pizza Wrap	\$4.00
Oregano Pizza Wrap	\$4.00

SNACK FOODS

Bread sticks pizza flavour	\$0.20
Bread sticks plain	\$0.20
Red Rock Sea Salt	\$2.00
Mammi noodles	\$1.50
Grain Waves	\$1.50
Custard	\$1.00
Koala popcorn	\$2.00
Jelly Cups	\$0.50

ICECREAMS AND ICE BLOCKS

Quench fruit sticks	\$0.50
Juicy tubes tropical	\$1.50
Juicy tubes lemonade	\$1.50
Juicy tube blackcurrent	\$1.50
Ice Monty chocolate ice cream	\$1.50

INSTRUCTIONS ON PLACING A LUNCH ORDER

*USE BROWN PAPER BAGS OR ZIP LOCK BAGS
WRITE YOUR CHILD'S NAME AND CLASS
WRITE YOUR CHILD'S ORDER ON BAG
IF YOU NEED A BAG IT WILL COST AN EXTRA 20c
SAUCE IS AN EXTRA 30c EACH*

**FORKS AND SPOONS ARE 10c EACH FOR
CHILDREN WHO DONT HAVE LUNCH ORDERS**

SUSHI IS NOT AVAILABLE ON FRIDAYS