

Swimming Program 2022

Dear Parents/Carers,

The 2022 Swim and Survive Program in which all of our students will be participating in at the Aquatic Academy Seven Hills will be taking place later this term. The Academy is a facility of the Royal Life Saving NSW branch. The first day of the program will be Monday November 28th (Week 8) and will run until Friday December 9th (Week 9) with the students attending the pool each day for a 45-minute lesson. Please note that payment for this program has been included in the 2022 School Resource Fee.

For any child who is not able to participate due to a medical reason, parents must send a letter explaining the reason with appropriate medical documentation to Ms Olimpia Pirovic, Principal, by Friday 18th November for consideration.

Unlike previous years, registration and indication of your child/ren's swimming ability is now done completely online via the QR code at the bottom of this page. Please scan the QR code and follow the instructions to register your child/ren. Instructions are also included on the following pages. When registering, please ensure you carefully register your child/ren for the correct level of swimmer that they **currently are**. This will allow the Aquatic Academy to group the students more accurately with students of similar swimming ability. The 5 swimming levels are shown below:

- Non-Swimmer
- Independently floating and kicking
- Basic Freestyle and Back Kick
- Freestyle, Backstroke and basic Breaststroke
- Swim all strokes for 25m in deep water

The above swimming ability levels are listed in order from beginner to advanced to assist you in registering your child/ren. **It is essential you only register your child into the ability that they currently are. Do not overestimate your child's ability, as it is easier to move them up through the group levels than down.** Students will be progressed to higher levels over the 2 weeks if deemed appropriate by the qualified swim instructors.

Please complete the steps below for each of your children:

1. Scan the QR code and register your child/ren. Must complete 1 registration per child.
2. Please complete the following page and return it to your child's class teacher before Friday November 18th.



Nick Jones
Sport Coordinator

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I give permission for my child _____ in class _____ to attend the Swimming Program between the dates of 28th November 2022 to 9th December 2022 at Aquatic Academy Seven Hills and have completed the Swim and Survive QR code registration for my child.

I understand transport each day will be by bus, to and from Aquatic Academy on Best Road, Seven Hills.

Does your child have any allergies? YES / NO

(If so, please name allergy)

Is your child at present on any medication?

(If so, please name medication)

Parent/Carer Name

Parent/Carer Signature

Date