



Our Lady of Mount Carmel

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PRINCIPAL'S MESSAGE

Dear Families,

We are fast approaching the conclusion of our building project to replace our roof. It has been a slow reveal as each stage progresses. This term has been an exercise in adaptability for us all as we have navigated the ever changing progress of our roof replacement. This period has required us all to be responsive, considerate, flexible, resourceful, resilient and above all adaptable.

Adaptability is a critical skill that helps us cope with an ever changing world. The pace of technological advancements, evolving family and friendship dynamics and unforeseen challenges require us to be flexible and open-minded in our approach to our life, learning and friendships. Each day we provide our children with new experiences and opportunities to think critically and adapt to different contexts. This requires our children to step out of their comfort zone in order to grow.

Adaptability not only helps us navigate change but it also cultivates resilience and problem solving abilities. Obstacles and challenges allow us to test ourselves and learn that we are capable of more than we may initially have believed possible. School is the perfect environment for our children to experience challenges in a supportive and nurturing environment that makes it safe to take a risk. Just as our new roof has slowly been revealed, each challenge we face reveals something new about ourself. How proud do we feel when we have faced a challenge, exerted effort and worked it out? Doesn't it feel amazing?



There are many opportunities in your daily life where you can help your child become adaptable.

- Make small tweaks to routines or schedules. Routines are great but being rigid with them doesn't help build adaptability.
- Plans sometimes change - helping our children understand that plans may need to change, like a playdate. Acknowledge that it may be disappointing, but doesn't mean you can't have fun.
- Vary your pick up time. It is ok if you aren't at school as soon as the bell goes to pick up your child. Come a bit later sometimes so your child learns it is ok and that you will still collect them.
- Lead by example and model how to cope when things don't go the way you wanted. Avoid having a meltdown or losing your temper.

Attendance Notes: Each week our office staff send out letters to parents seeking explanation for unexplained absences. For some families, these letters have been sent home multiple times. ***If you receive one of these letters this afternoon, please complete it and return it to school tomorrow.*** Currently we have 109 unexplained absences awaiting an explanation. We know life is busy and we don't like to hound parents. Prompt completion of these letters or filling out Compass notes at the time of absences helps to alleviate this issue. I look forward to receiving many responses tomorrow!! 😊

Olimpia Pirovic

Principal

The Community of OLMC is Safe and Respectful

UPCOMING DATES

Week 8:

Thur: 8:15am Morning Workout
3:10pm-4pm OLMC Concert Band Practise
Fri: 9:15am Yr2, 3 & 4 Mass
Stg 3 Boys Soccer Gala Day

Week 9:

Mon: Assembly 4G
Tue: Uniform Orders due before 4pm
Wed: Yr2 Excursion: Warragamba Dam
Fri: Athletics Carnival

NOTES HOME

THIS WEEK

- Student House Colour note

LAST WEEK

- Yr1 Recycled Materials
- OLMC Athletics Carnival 2023
- Language Data Collection

PLEASE RETURN ALL 'COLLECTION OF FAMILY INFORMATION' NOTES

MERIT AWARDS

KB	Isabella • Nicholas	KG	Emilia • Tanishi
1B	Isabel • Liam	1G	Zanthe • Senali
2B	Bailey • Sukhmani	2G	Amelia • Jazmine
3B	Ruhi • Sophie	3G	Aayan • Luke
4B	Summer • Reis	4G	Charbel • Mariam
5B	Pranav • Mahalia	5G	Kyla • Olivia
6B	Vinnie • Luke	6G	Ralph • Grace
CA	Jada • Jessica		

STAR CARD AWARDS

Gold Awards: Elijah • Vernica • Andrea • Osaiah • Gabriella • Ethan • Ariana • Pranshu • Holly • Aaraav • Lucas • Leah • Sophie • Henry • Saanvi • Sri Harika • Shanaya • Rajveer • Naksh • Vishvassha • Lakshara • Kushagra • Owen • Amelie • Kira • Abbey • Blaise • Charbel • Kushi • Henry • Thomas •

Opal Awards: Dhruv • Isabella • William • Anaishca • Daniel • Sienna • Ruhi • Jacob • Jack • John • Victoria • Luke • Sienna • Pravi • Alexander • Aakash •

Platinum Awards: Elijah • Mia • Charlize • Adison • Anthony • Eva •

Principal's Awards: Zachariah • Alexis •



PREMIER'S READING CHALLENGE

The PRC is in full swing at OLMC. 147 students have completed their challenge, with 72 students on the way. **We would like to congratulate Luke M from Yr3, Henry S from Yr4, Abigail A from Yr5 for completing the challenge in the last 7 days.**

Kinder	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Completed	Completed	5 Students completed *Yr2 complete the challenge in class	3 students	7 students	9 students	5 students

Please don't forget

- Students from Kinder-Year 2 must read a total of 30 books (20 from the [PRC List](#) and 10 of their personal choice)
- Students from Year 3-Year 6 must read a total of 20 books (10 from the [PRC List](#) and 10 of their personal choice)
- Challenge closes for student on Friday 18 August 2023 so **LET'S GET READING**

LOST PROPERTY

As the weather turns colder the children are wearing more layers. Please check that all your child's school uniform has a label with their name clearly marked. This will ensure that lost items are returned to the right person.

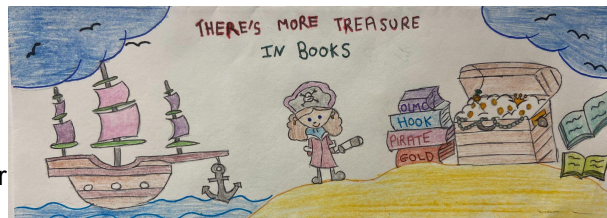
PARENT TEACHER MEETINGS

Last week, information regarding Teacher Parents Interviews were sent home. Please make a booking on the www.schoolinterviews.com.au site using the code [6wgc4](#) as soon as possible to ensure you get the preferred time to suit your family. Please write down the date and time of your meeting/s as no reminders will be sent.

THE GREAT OLMC BOOK FAIR



Ahoy Me Hearties! Next week our Book Fair docks at OLMC. Parents, grandparents and buccaneers are welcome to visit the book fair after school to purchase with students being able to purchase during lunchtimes as well. Proceeds from sales will go towards purchasing new books for classrooms and our school library.



Competition #2 Winners: Georgia K (Yr2), Victoria M (Yr3)

Competition #3: Arrrrr, Arrggghhh every Bucko knows that your ship's flag is soooooo important because it introduces your arrival. This week we are looking for a flag THAT STANDS OUT!!! One that says , IT'S ME AND I'M HERE! All flags must be handed to Mrs Anderiesz by 3:20 Friday afternoon. Only 1 entry per student. 2 winners will be announced during next week's assembly.

ATHLETICS CARNIVAL UPDATE

The annual Our Lady of Mount Carmel Athletics Carnival is to be held Friday, 23 June at Holroyd Sportsground, Peel Street, Holroyd. **Please ensure that your child has returned their permission slip so that we are aware of the pickup arrangements for every student.** If no arrangements are made your child will return to school with their teacher. All students will be travelling to the venue by bus and no parent is permitted on the bus with the children. Parents who are attending are reminded that the students must stay with their group at all times, this includes during eating times and no child will be permitted to go to the canteen. Parent spectators will be required to stay behind the fence to watch the activities. Only parent helpers will be allowed on the field. Students are allowed to wear a coloured t-shirt that corresponds with their colour house if they wish. **All students are expected to remain at the carnival until the event is closed by Ms Pirovic.** It is expected the carnival will conclude at approximately 2:30pm.



STUDENT SICKNESS AND CASUAL STAFF

When children come to school unwell, they bring their sickness with them and it spreads. This has a significant impact on everyone who works closely with them. If children stay home to recover, it usually takes them 2-3 days and they are well on the way to feeling almost 100% better. However, when sick children are sent to school, they bring their sickness and it spreads like wildfire. Think of your own household, when someone has a virus it doesn't spread all in one hit with everyone getting sick at the same time. It's a vicious cycle that can take a few weeks to get out of. **Now multiply that by 30!!** And you can understand how quickly we have half a class unwell, with no teacher because, surprise surprise, they are also now sick. Having sick children at school not only affects the sick child or the children around them, but also impacts the teacher, which then has a significant impact on the learning of that class and the day to day running of the school. While we understand it can be challenging, we ask families to make the right decision and consider the good of everyone who may come into contact with your child, and keep any sick children home.

In saying all of that, as winter approaches and more viruses are present you will start to notice more casual staff at OLMC. Just as our families must keep their children home when sickness hits, our teaching staff have the same expectations in regards to their own health, or the health of their children. Our first preference is to always book our regular casual teachers, who are familiar with our students and school expectations, however, sometimes this is not possible. At times we are unable to book any casual staff due to the limited number of casuals available on the day. On these occasions our classes must be split. This is always a last resort, but one all schools are relying on more often due to the limited casual teaching staff. This is another reason to keep your child home if they are unwell. Families can be assured that students are provided ample and relevant work, have access to the same technologies they would normally have and are still supported by a class teacher when needed.

P&F NEWS

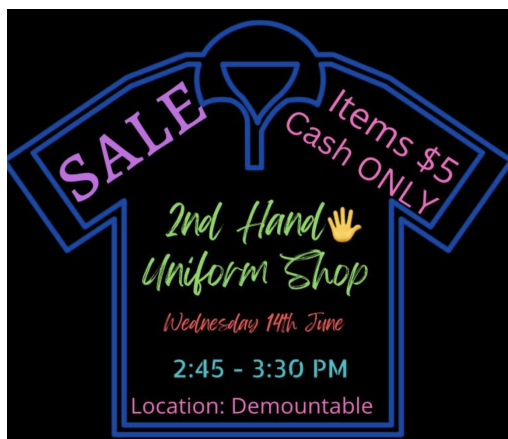
Second Hand Uniform Sale

A reminder that our second hand uniform sale is on this afternoon in the demountable from 2:45pm - 3:30pm.

All items are \$5 and payment is cash only. Please enter via the Smith Street gate

This is your only opportunity to purchase second hand uniforms until the next sale, at the end of Term 3.

This column is compiled by P&F Communications. If you have any queries or wish to contribute, please email olmcpeandf@gmail.com and attention it to P&F Communications.



MORNING WORKOUT & RAIN

As we move further into winter, we will experience more rainy days. This is a reminder that **if it is raining, morning workout CAN NOT GO AHEAD.** On some occasions the weather is obvious enough that parents can assume workout is cancelled, however, there are some instances that it will start to rain 5 minutes before the session begins. In that circumstance morning workout will be cancelled as we can't ensure a safe ground surface for our students or Mrs Pearn who runs workout. We always attempt to COMPASS this out as quickly as we can, however, parents' common sense will work quicker than a message.



OLMC BAND

THE LOWDOWN

The OLMC Band Program has been a long standing extra curricular activity available to our primary children. Our Band is coordinated by our Diocesan Creative Arts team known as Captivate. Each week the children participate in a 30 minute small group lesson with a specialist tutor, where they learn music theory and the particular skills to play their instrument. One afternoon after school each week they come together to play as a band. This requires cooperation, the ability to listen to each other and persistence to sound good together. Read what the Band students have to say below.

WHAT HAPPENS DURING A LESSON

During our lessons the tutors teach us how to read musical notation and understand how compositions work. They also guide us on how to hold and use our instrument correctly (that's what Murray is talking to us about in the picture). When we hold our instrument correctly using good posture it helps us get the best sound. We learn to listen carefully.



Jad B and Amelia O both love learning to play the trumpet, They think their tutor Mr Williams is the best of the best trumpet players in the world. He can play one handed and never loses breath when he plays. Being in the band has impacted our school journey and made it better. We have both developed a new talent.