

## **Our Lady of Mount Carmel**



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**PRINCIPAL'S MESSAGE** 

#### Dear Families,

On the weekend our Sunday reading focused on The Transfiguration of Jesus. The reading of the day recounts this event. Today I am sharing a reflection, by Greg Sunter, to help us connect with, and understand, this challenging event.

Jesus takes his most trusted disciples up a high mountain to allow them to share in what he knows is about to occur. It is a very clear teaching moment in which Jesus hopes the disciples are going to finally grasp the truth about him. As the disciples stand by, Jesus is transformed before them – suddenly bathed in light and his clothes become dazzlingly white. The disciples also see Moses and Elijah standing and talking with Jesus. Moses was the great Law-giver of Jewish tradition and Elijah the great prophet. Together, they represent the Law and the Prophets – the combined wisdom that make up the tradition of Jewish teaching and Jewish scripture. It is the Law and the Prophets that Jesus' life and ministry brings to fulfilment. It is fitting that Moses and Elijah appear beside Jesus as the three figures combined represent the fullness of Jewish tradition – the Law of Moses; the challenge and promise of the Prophets; and the compassion of Jesus that completes the other two.

Sadly, the disciples don't really get the point of what they see before them. Peter, caught up in the moment, wants to build tents on the spot to mark the moment and to continue to dwell in the moment. Jesus, however, leads them back down the

mountain – back into the valley; back into the reality of life; back into the tragedy that he knows lies before them. No matter how powerful a religious experience may be, Jesus shows us that we always have to return to real life. It is not possible to remain on the 'mountaintop' as Peter would have liked to do; we have to take the experience back into the everyday of our lives.

#### Historical Context – Moses and Elijah

Both Moses and Elijah had powerful encounters with God on the top of a mountain – it is appropriate that it is they who appear beside Jesus in the transfiguration account. Moses travelled up Mt Sinai to receive the Law from God in the form of the Ten Commandments. When Elijah was fleeing for his life from Queen Jezebel he fled to Mt Horeb. The word of the Lord came to Elijah and told him to stand on the mountain in the presence of the Lord, for the Lord was about to pass by. Elijah experienced the Lord in the whisper of a gentle breeze.



#### Have you thought? Transfigured / Transformed

Jesus' transfiguration was a physical transformation that was able to be witnessed by his disciples. In our lives we have many transforming moments but they are rarely as physically obvious to others as Jesus' transfiguration. Sometimes we fail to recognise a transformative event until well after the fact – sometimes years later. It might be nice if our clothes began to shine white whenever something significant and transformative was happening to us! It might help us to pay attention to the important and life-changing moments of our lives instead of letting them slip by!

#### Living the Gospel – Down from the mountain

Sometimes we experience powerful moments of connection with God or with other people. Sometimes this might be through a special experience of nature; a meaningful retreat experience; a powerful sense of being 'in tune' with another person; a reflective prayer experience; or some other significant experience. The temptation when we have these experiences is to wish that we could remain in the experience. The challenge, however, is to take that experience back into the everyday of our lives – changed by it without remaining in it.

Olimpia Pirovic

Principal

The Community of OLMC is Safe and Respectful

#### **UPCOMING DATES**

Week 3: Thur: 8:15am Morning Workout 3:10pm-4pm Band Practise - All Bands Week 4: Mon: 9:15 Special Book Week Assembly all invited Tue: Uniform Orders due before 4pm 6:30pm Child Protection Briefing 7pm P&F Meeting NOTES HOME

#### THIS WEEK

- Yr4 Excursion
- Yr5 Excursion
- K-6 Class Overviews

LAST WEEK

- Zone Athletics Carnival select students
- Yr3 & Yr5 NAPLAN Results

### ALL NOTES ARE AVAILABLE ON OUR SCHOOL WEBSITE - LOOK HERE FOR ANY NOTES YOU HAVE MISSED

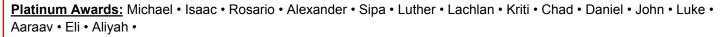
MERIT AWARDS			
KB	Charlize • Sebastian	KG	Joshua • Alyssa
1B	Alexander • Amber	1G	Yana • Alexa
2B	Scarlett • Kaira	2G	Dominic • Annabelle
3B	Lachlan • Henry	3G	Shanaya • Cooper
4B	Isabella • Benjamin	4G	Amelie • Abbey
5B	Samuel • Aaliyah	5G	Aerobella • Emilio
CA	Thomas • Joanne	6G	Gabrielle • Matthew
6D	Luka - Anthony - Ethon - Molok		

6B Luke • Anthony • Ethan • Malek

#### **STAR CARD AWARDS**

<u>Gold Awards:</u> Ethan • Aarush • Paige • Kruthi • Annabelle • Yara • Yelesta • Sanaa • Noah • Gabriel • Kiara • Zanthe • Nidhi • Shanaya • Natalia • Jayden •

**<u>Opal Awards:</u>** Lilly • Malek • Thomas • Blaise • Zoe • Isaac • Sam • Palash • Angelina • Vincent • Domenic • Clara • Isabelle • Veronica • Isabel • Amelia • Gabriella • Neev • Viaan • Osaiah • Yana • Isabella • Shriansh • Araiyah • Aruja • Anuj • Vincent • Angelina •



Principal's Awards: Dhruv • Elouise • Michael • Pravi • Sienna • Elyssa •

Diamond Awards: Roman • Jordan •

#### BOOK WEEK 2023: READ, GROW, INSPIRE



Join us for our annual book week celebration this term! On Monday, August 7th

(Wk4), students are

encouraged to dress up with the theme of 'READ, GROW, INSPIRE.' Let your child's creativity shine with a homemade costume inspired by their favourite book. Students are encouraged to bring a physical copy or picture of the book that their character is from. <u>We have</u> <u>an exciting addition this year – parents and carers are</u> <u>invited to dress up and join in the fun too!</u> Let's make it a memorable celebration together. Our Book Week celebrations will begin with a special assembly at 9:20am on the back playground with all of our characters parading during assembly.

#### **E-SAFETY FOR FAMILIES**

The eSafety Commissioner provides parents and carers with the knowledge, skills and tools to support children to have safe, positive online experiences through online webinar sessions. The next sessions are. Getting started with social media: TikTok, YouTube, Instagram: Register here Primary school parents. 5 September: 7:30pm - 8:00pm Online relationships and consent: sending nudes and sexting: Register here Secondary school parents. 31 August: 12:30pm - 1:00pm Getting the most out of gaming: Register here Primary and Early secondary school parents. 15 August 12:30pm - 1:00pm 12 September 7:30pm - 8:00pm Online boundaries and consent: Register here Primary school parents. 7 August: 12:30pm - 1:00pm 23 August: 7:30pm - 8:00pm 7 September: 12:30pm - 1:00pm

#### CARMEL IMPACT MUFTI DAY

Thank you to all families for your support of the Carmel Impact Crisis Appeal. Through your generosity, we have raised \$1,420.00. We continue to pray for Timor-Leste and offer our

appreciation for Carmel Impact who work to support the vulnerable members of our community.



#### SCHOOL ATTENDANCE - HOW ARE WE GOING?

We know that good attendance at school has a direct impact on our children's learning achievement. A child who has regular school attendance has an attendance rate of **90%** or higher. Our school target is to have an overall attendance rate above **90%**.

During the past week our overall school attendance rate was **77.3%**. The grade with the best attendance rate was Year 5 with **90.2%** They

were the only grade to achieve our school target. Let's see if we can improve our school attendance rate during this next week.

#### **STUDENT RECOGNITION**

We are so honoured when our families share with us their child's 'other' achievements. During the course of the school day we are always amazed by our students' extraordinary talents, their growth, their persistence, their kindness, their creative thinking when attempting to solve a problem and many more. However, we also know that the experiences that occur at school are only one facet of who our students are, so we love when we receive a different perspective. This week we would like to give four of our young ladies a shout out for their participation in community events. Frances,





Maria, Lilly and Annalisa are all Year One ladies who participated in the Guildford-Greystanes Club Day on Sunday 23 July. Annalisa was recognised for her marching ability, Lilly placed 5th in her age group, Maria received the 'Toe Award' and Frances was recognised for her enthusiastic participation. We congratulate our students for focusing on talents and working towards achieving their goals

#### **CHILD PROTECTION**

Families are once again invited to attend a school based Child Protection briefing on Tuesday 8 August at 6:30pm in the Library. Any parent or carer who wishes to volunteer at any school event (excursions, sports days etc) must attend a briefing every 2 years, no exceptions. The aim of the briefing is to clarify the online components of the child protection process, the expectations of parent volunteers, specifically around privacy. If you have attend a briefing in the last 2 years and need to complete the two online components, those can be found here

#### PRC

The PRC is in full swing at OLMC. 168 students have completed the challenge with 76 students

challenge, with 76 students on the way.

We would like to congratulate SriHarika, Jacob C and Zoe S for completing the challenge in the past 7 days.

Challenge closes for student on Friday 18 August 2023 so LET'S GET READING

#### **UNIFORM AWARDS**

No doubt, you have read many many times in the newsletter about our expectations regarding school uniforms and hair cuts. On the whole, most of our students follow the uniform expectations, and we believe those students should be recognised more often. This week all staff will start distributing our new 'Uniform Award' which recognises those students who wear the OLMC uniform with pride.





#### **P&F NEWS**

#### P&F General Meeting - Tuesday 8 August at 7:00pm

Our next P&F general meeting is next week. Save the date and come along to learn more about what the P&F have planned and to get an update on school life. This meeting is open to all in our community. We share a light supper during the meeting and enjoy lots of good company. We hope to see many parents there.

#### QKR! App details

Exciting events are coming up at OLMC!

If you haven't already done so, please ensure your child/ren's class details are up to date and correct. This ensures volunteers are able to process all required information and payments correctly.

If you have any queries or wish to contribute, please email <u>olmcpandf@gmail.com</u> and attention it to P&F Communications.

# YEAR 2 SCIENCE \* INCURSION

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In week 2, Year 2 engaged in an in-school experience with Fizzics Education. Throughout the session, the students encountered all the science that can be found in the kitchen. They actively took part in engaging experiments and hands-on explorations in the field of chemistry. By doing so, Year recognised the potential of altering and combining materials, while also understanding how the properties of these materials influence their practical applications. The students thoroughly enjoyed this exhilarating educational encounter, which expanded their understanding and enjoyment of science!

Rhiyana H & Rubeena H 2B: "I learnt that science is supper cool and not boring. You can be doing science any where and at any time!" Peter Costa 2G: "I learnt that we can make experiments using food colouring and milk!"



"In the family we first learn how to show love and respect for life .... In the family we learn to ask without demanding, to say "thank you" as an expression of genuine gratitude for what we have been given, to control our aggressivity and greed, and to ask forgiveness when we have caused harm. These simple gestures of heartfelt courtesy help to create a culture of shared life and respect for our surroundings." – Laudato Si 213

# Earthcare families program

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Register Now via the QR code or visit https://catholicearthcare.org.au/laudato-si-families/ Certificate 1: *Form the heart for change* Certificate 2: *Create a vision for change* Certificate 3: *Empower action and implement change* Certificate 4: *Reflect and animate others* 

Pope Francis is calling all families to take action to care for the cry of the earth and the cry of the poor. Earthcare families is a program designed to help families engage with the Laudato Si action platform. See: https://laudatosiactionplatform.org/

At your own pace, work towards four certificates with your family to make change within the home aligned with the teachings of Laudato Si.

# Parramatta Pharist OPEN EVENING 2023



## SAVE THE DATE

More information and registration will be available on our website from October 9.

## Tuesday, 21 November 2023 5:00pm - 7:00pm

Presentation: 5pm | Tours from 5:45pm

### WWW.PARRAMARIST.CATHOLIC.EDU.AU

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