



Our Lady of Mount Carmel

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PRINCIPAL'S MESSAGE

Dear Families

A few weeks ago you may have seen one of the greatest plays of all time doing the rounds on social media! It was during an annual Charity Match at London Stadium where one of the players, moments after being given a yellow card by the referee, hit back with a superbly-timed reverse Uno card. 'Uno reverse' is a phrase commonly used during the card game of Uno and is played to reverse the direction of play. For example, if the game is currently moving clockwise, playing a 'Uno Reverse' card will make it change to counterclockwise. As we move into Term 4 it is important to challenge our students to continue to strive and recognise when they need to use their own 'Uno Reverse' card, allowing them to turn setbacks and challenges into opportunities for growth to end the year on a positive note.



Adapting to Setbacks: Instead of dwelling on failures, students can use these experiences as opportunities to pivot, change their approach, and ultimately turn things around to finalise the year using a growth mindset.

Learning from Reversals: Just as in Uno, where the Reverse Card can change the direction of the game, students still have 10 weeks where they can reflect on the obstacles and setbacks they face, ultimately learning from these experiences.

Adjusting Year-End Goals: At the beginning and in the middle of the year, our students set academic and personal goals. As the year progressed, these goals were adjusted based on changing circumstances or new priorities. The "Uno reverse" concept encourages students to revisit their goals, reassess their direction, and make any necessary adjustments to ensure a positive finish to the year.

Resilience and Perseverance: Reflecting on the year with a "Uno reverse" mindset reinforces the importance of resilience and perseverance. It reminds students that even if they encountered difficulties along the way, they have the power to bounce back, keep moving forward, and finish the year on a high note.

Turning Challenges into Successes: A year of learning often involves various challenges, but these can be viewed as opportunities to showcase one's ability to adapt. Students thinking about challenges as learning opportunities promotes a positive approach to 2023, and sets our students up for success for 2024.

As we move towards the end of the 2023 school year, we encourage our students to recognise when they need to use their 'Uno Reverse' card to ensure they achieve their academic and personal goals.

Lauren Anderiesz

Assistant Principal

The Community of OLMC is Safe and Respectful

UPCOMING DATES

Week 1:

Thur-Fri: 9am Class led Rosary on the back playground
Fri: 5:30pm P&F Spooky Disco

Week 2: Mon-Fri 9am Class led Rosary on the back playground continues

Mon: Assembly

Tue: Uniform Orders: Before 4pm
(Be sure to order any Summer Uniform items, using the new ordering system - NOT QKR)

NOTES HOME

THIS WEEK

- Yr 6 Graduation Signature Bears/Balls
- Yr 5 Camp Collaroy 2024
- Yr 5 & Yr 6 Mindset & Behaviours
- Yr 5 & Yr 6 Technology Acceptable Use Agreement
- 2024 Band Continuers email (Band Only)

MISSION TO BUSK: FRIDAY 20TH- GET YOUR COINS READY

MERIT AWARDS

KG	Elijah • Giorgio	1G	Jayden • Zanthé
1B	Neev • Gabriella	2B	Elijah • Tilila
3B	Adison • Isabella	3G	Anthony • Naksh
4B	Mia • Leah	4G	Patrick • Jamaica
5G	Jayden • Sam	6G	Victor • Shivani
6B	Angelina • Luke		

STAR CARD AWARDS

Gold Awards: Ghaith • Olivia • Noah • Mahalia • Paul • Samuel • Alissa •

Opal Awards: Charlotte • Trinity • Noah • Steven • Aaliya • Rajan • Joaquin • Patrick • Olivia • Grace • Jeremiel • Gabrielle •

Platinum Awards: Aarush • Anthony • Ethan • Ethan • Liliana • Kara • Amalia • Rubeena • Zanthé • Erik • Benjamin • Chanel • Khushi • Leah • Amelia • Inayat • Jolenta •

Principal's Awards: Jamaica • Rishaan • Andrea • Viaan • Lucas • Saanvi • Kiara • Emily • Jacob • Alexander • Katrina • Georgia • Liya •

Diamond Awards: Michael • Henry • Austin • Sakrit •



CLASS LED ROSARY

The month of October is dedicated to the Rosary. To honour this devotion, we will pray a decade of the Rosary each morning as a whole school community during weeks 1 and 2 of Term 4. We invite families to join our Rosary assemblies, which will begin at 9am, starting Wednesday 11/10 through until Thursday 19/10. Please see our timetable below for which grades will be leading the Rosary each day.

Wk	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1	9/10 Pupil Free Day	10/10 Pupil Free Day	11/10 Yr 6 - 1st Joyful	12/10 Year 5 - 2nd Joyful	13/10 Year 4 - 3rd Joyful
Wk 2	16/10 Year 3 - 4th Joyful	17/10 Year 2 - 5th Joyful	18/10 Year 1 - 1st Luminous	19/10 Kindergarten - 2nd Luminous	20/10 NO ROSARY - Mission To Busk

STUDENT PRESENTATION

As Term 4 begins and our students transition into their summer uniform it is a good point in time for our families to reconsider how they want their child/ren to be viewed. During Term 3 there was a concerted effort by both teachers and parents to increase the expectations of our students' uniform presentation, and we saw a big improvement. However, what we haven't seen an improvement in is hairstyles. Our students' presentation is a package, it's not just about clothing, it's the whole message that we want to send to our community. While parents may consider certain hairstyles 'cute' on their child, they may not be appropriate for the learning zone, nor match the image we as a school community want to convey to the wider community.

Parents are also reminded of the uniform policy outlined in the Parent Handbook which clearly states

*"...children wear full school uniform at all times and we ask for parents' support in ensuring appropriate haircuts (no coloured hair, lines cut in or hair shorter than a No2)Suitable hairstyles mean... Shoulder-length or longer hair must be tied back. Long fringes must be tied or pinned back. Hair ties, ribbons and headbands must be white, blue or school check. **No** undercuts, number ones, rat tails, mullets, patterns shaved in or hair colouring is permitted."*

Please **CLEARLY LABEL YOUR CHILD'S NAME ON ALL ITEMS OF CLOTHING** to ensure that lost items are returned.



MISSION TO BUSK

Students, parents and friends are reminded that Mission To Busk is happening on Friday 20th October between 1:40pm and 2:30pm on the school grounds. All are invited to come along and spend the afternoon walking around enjoying the talent on display whilst throwing coins into the performer's buckets. We are looking forward to a wonderful afternoon of entertainment as well as a celebration of the extraordinary talents at OLMC. We also look forward to raising money for Carmel Impact so that they can be supported in the work that they do to help those less fortunate than ourselves.



ARE YOU LEAVING?

Please be aware that a full term's (10 weeks) notice is required if your child will be leaving the school. All notifications must be in writing and addressed to the Principal to avoid a full term's fees being payable. Refer to bit.ly/3izKZCj for more information.

SPORTS NEWS

On Monday 18th September we had a talented group of boys attend the Mackillop athletics carnival. They all ran really well, especially in the heat. We would like to congratulate Victor in making it through to the NSW PSSA Championships and wish him all the best in his events.

TERM 4 EVENTS

As we move into our busiest term, Term 4, parents are encouraged to be extra vigilant in reading the newsletter, accessing and taking notice of any notifications sent through COMPASS or on notes and continually checking the OLMC Parent Calendar, to ensure you are up to date with the key events.

Some key dates include

Week 1: Mon SDD: No Students Tue: SDD: No Students Wed-Fri: Class led Rosary @9am each morning Fri: P&F Spooky Disco	Week 2: Mon-Thurs: Class led rosary @9am each morning Fri: Mission to Busk Afternoon Sat: First Holy Communion	Week 3: Tue: 2024 Kindergarten Parent Information Evening Sat: First Holy Communion	Week 4: Mon: National Grandparents Day: Picnic Lunch & Liturgy Tue: P&F AGM
Week 7: Tue: 2024 Yr4 Students BYOD Zoom Information Session Fri: 2024 Kindergarten Orientation Day	Week 8: Swimming Program for ALL students	Week 9: Swimming Program for ALL students Tue: Awards Night and Christmas Concert Fri: Reports sent home	Week 10: Mon: Swimming Carnival Fri: End of Year Mass & last day of 2023 Fri: Yr6 Graduation Celebration

ICAS RESULTS

Last Term, students from years 3-6 participated in the ICAS English, Mathematics and Science competitions. ICAS is an independent, skills-based assessment program available to all primary school students. All of our students received participation certificates and we congratulate them for their perseverance and effort. Some of our students were awarded with higher recognition certificates and we congratulate those students also

English ICAS

Merit Certificates Sanaa & Ruhi

Credit Certificates Kushagra, Paige, Thea, Arkyn, Pravi & Havishaa

Distinction Certificates Dennis, Hansikaa, Thomas D & Sai

Mathematics ICAS

Merit Certificates Anaishca, Havishaa, Kushagra, Matthew B, Rishaan, Rajan, Palash, Thomas D, Vincent N & Rohan

Credit Certificates Pravi, Aayan, Hansikaa, Sai, Arkyn, Thomas Y, Ryan & Aarush R

Distinction Certificates Sanaa, Aarush K & Dennis

Science ICAS

Merit Certificates Anaishca, Pravi & Arkyn

Credit Certificates Aayan, Sanaa, Hansikaa, Sai, Dennis & Rohan

Distinction Certificates Kushagra

P&F

This week we have our exciting social event of the year! We look forward to seeing everyone dressed to impress and ready to rock the school grounds with some cool dance moves. We have multiple fun items to purchase, these will range from 50c to \$2. Please bring coins to purchase.

Vouchers have been sent home for those who purchased a ticket for Friday's big event.

We require some help with set up and during the night's festivities, please sign up to help up, remember 'many hands make light work' <https://signup.com/client/invitation2/secure/531081534090/false#/invitation>

This column is compiled by P&F Communications. If you have any queries or wish to contribute, please email olmcpandf@gmail.com and attention it to P&F Communications



YEAR 5 VISIT KU-RING-GAI NATIONAL PARK



On Friday, September 8th, Year 5 students, accompanied by some enthusiastic parents, joined us on a one-hour trip to Ku-ring-gai National Park.



During this excursion, Year 5 students had the opportunity to engage in various activities, including bushwalking, crab-catching, bug hunting, and, most notably, building shelters for native animals like the Echidna. The focus was on exploring the dynamic relationship between the environment and people.



Benjamin: "I enjoyed crab because it was fun and interesting".

Thomas.D: "I enjoyed the animal habitat building because I like building things and keeping animals safe".

Jolenta: "I enjoyed the crab catching because we couldn't find any crabs and it was fun to try and find some."



Pranav: "I enjoyed the habitat building activity because it was fun and interactive."

Nathan: "I enjoyed the bush-walking the most, because I liked when we were walking around in the park, it felt so calm and cool."

