15th February 2023

Dear Parents/ Carers,

The annual Our Lady of Mount Carmel Cross Country Carnival will be held on **Thursday 2nd March 2023.** This is a normal school day and lessons will continue as normal before and after the students have run in their event.

The course for Kindergarten, Year 1 and Year 2 students will be within the school grounds. The course for the students from Year 2 (8 year olds only) to Year 6 will be marked out around the school perimeter. All students will participate in the Cross Country Carnival. Qualification for the Diocesan Cross Country is dependent upon students completing the course within a specific time.

#### Time:

All children are to arrive at school no later than 8.50am. Races will commence at approximately 9:10 am and finish by 11.00 am. We are unable to give a specific time for your child's race as last minute changes to the program are often required.

#### Cost:

None

#### **Spectators:**

Parents are welcome to come and watch the events but must remain in the designated spectator area.

#### Parent Helpers:

Parent helpers are required for checkpoints along the course to ensure the safety of our students. Please complete the attached form if you are able to help on the day.

#### **Student Requirements:**

- Students will need to wear their sports uniform and must have their school hat
- Students must also have a filled water bottle marked with their name
- Students will need to remain with their age group
- Students will race in the age that they have turned **OR** will be turning in 2023

Please complete the permission section and any other relevant sections on the permission page (attached) and return to school by **Wednesday 22nd February 2023.** 

Thank you

Katie Carswell **Sport Coordinator** 

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Our Lady of Mt Carmel Primary

# 2023 OLMC Cross Country Carnival

## Please return the <u>whole page</u> to your child's class teacher

### PERMISSION SLIP

I give permission for my child to participate in the 2023 OLMC	in class Cross Country Carnival on Thursday 2nd March 2023
My child requires their asthma p	uffer before their event
The puffer and spacer have bee Administer Medication forms (for	n supplied to the school office along with the Permission to and on the school website)
Signed Parent/Carer	Date
<b>OFFICIAL</b> Can you help with track supervision on t	<u>CARNIVAL ASSISTANTS</u> he Carnival Day?
It is a mandatory requirement that all Children online modules.	adults working with children complete the Working with
I have completed the NEW 'Build Form within the past 2 years.	n Briefing for Volunteers at school within the past 2 years. ing Child Safe Communities - Undertaking for Volunteers' e Child Protection Training Module within the past 2 years.
Parent Name	Contact Number
Parent Signature	Date
Eldest Child's Name	Child's Class



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