

Our Lady of Mt Carmel Primary



27th October 2023

YEAR 5 - SURF AWARENESS, MANLY BEACH

Name of Excursion: Surf Awareness

Purpose of Excursion: As a part of the Swimming Program for 2023, Year 5 will be attending Manly Beach for a Surf Awareness session. During their day at Manly, students will participate in Surf Awareness discussions, Rip identification and survival by demonstration, still water assessment and basic survival skills, paddling a foam surfboard and catching waves as well as surf negotiation and body surfing. All of these activities will be done under the supervision of qualified surf educators.

Date of Excursion: Thursday 7th December 2023

Excursion Location: Manly Beach

Mode of Transport: Bus

Time of Departure: 8:20am arrive at school for 8:30am departure

Expected Return Time: 2:45pm

Items Required: Please wear full sports uniform with swimmers underneath. Bring water, morning tea and lunch in a small backpack, towel and a change of underwear.

The cost of this experience is covered by the Activities Fee included in your annual School Fee Statement.

Please return the signed section below to the class teacher by Friday 3rd November.

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YEAR 5 SURF AWARENESS - PERMISSION NOTE

I give permission for my child _____ in class _____ to attend the Surf Awareness excursion to Manly Beach on Thursday 7th December, 2023. I understand that travel will be by bus.

Does your child have any allergies? YES / NO _____
(If so, please name allergy)

Is your child at present on any medication? _____
(If so, please name medication)

Parent/Carer Name

Parent/Carer (Signature)

Date

This excursion requires **4 parents** to assist with supervision, **this may include supervision in the water**. If you are able to attend the excursion, please complete the form below and return to school as soon as possible. It is not always possible to take all available parent volunteers. You will be notified if your attendance is required.

- ☐ I have attended a Child Protection Briefing for Volunteers at school within the past 2 years.
- ☐ I have completed the 'Building Child Safe Communities - Undertaking for Volunteers' Form within the past 2 Years
- ☐ I have completed the online Child Protection Training Module within the past 2 Years.

Name _____ Signed _____

IMPORTANT: THIS SECTION MUST BE RETURNED BY FRIDAY 3RD NOVEMBER

CULTURE | LEARNING | ENGAGEMENT





Surf Awareness Online Waiver Form Completion

Along with completing the permission form on the previous page, you are required to complete the Online Waiver form provided by Sea Australia. **Your child will not be able to participate in any of the activities on the day if this waiver form has not been completed.** Please follow the simple steps below to complete the Online Waiver Form.

Steps to complete:

1. Visit the following link - www.seaaustralia.live/school-waiver-form
2. Carefully complete the form entering all of the required information about yourself and your child correctly.
3. In the section labelled "Teacher's Email", enter the following email address:

landeriesz@parra.catholic.edu.au
4. Complete the remaining sections of the form carefully and click "Submit" upon completion.

IMPORTANT: THIS SECTION MUST BE COMPLETED BY FRIDAY 3RD NOVEMBER

Kind Regards,

Katie Carswell
Sport Coordinator

